

# Devotions to Mary



Prepared for you by  
The Carmelite Friars

# Dear Friend of the Carmelites

Prayer is such a vital part of each Carmelite's life. Through prayer, we grow closer to God and discover His unique plan for us. It fills us with a deep inner peace and hope for the future. For Carmelites, prayer is as important as breathing; *we could not live without it.*

Another vital part of Carmelite life is our devotion to Mary, our Blessed Mother, especially under her title Our Lady of Mount Carmel. Our devotion to the Mother of God and the graces we receive through her intercession lead us to her Divine Son, the source of all truth and holiness.

I have prepared this booklet of prayers to Mary so that you, too, may grow in your devotion to her and feel the power of prayer in your life. You may pray to Mary at any time, seeking her intercession for your special needs, or simply to feel her warm, loving presence in your life.

Yours in Our Lady

# Prayer to Our Lady of Mt Carmel

O most beautiful flower of Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my time of need. O Star of the Sea help me, and show me that you are my Mother.

O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to assist me in this my hour of urgent need. O show me that you are my Mother. God, our Father, never leaves unaided those for whom you pray.

O Mary conceived without sin, pray for us who have recourse to you.

Amen.

# Prayer to Mary

*Excerpted from a prayer composed by Pope John Paul II*

MOTHER of the Redeemer, with great joy we call you blessed.

In order to carry out His providential plan of salvation, God the Father chose you before the creation of the world. You believed in His love and obeyed His word.

The Son of God desired you for His Mother when He became man to save the human race. You received Him with ready obedience and undivided heart.

The Holy Spirit loved you as His mystical spouse and He filled you with singular gifts. You allowed yourself to be led by His hidden and powerful action.

On the eve of the third Christian Millennium, we entrust to you the Church which acknowledges you and invokes you as Mother.

## Prayer to Mary

On earth you preceded the Church in the pilgrimage of faith: comfort her in her difficulties and trials, and make her always the sign and instrument of intimate union with God and of the unity of the whole human race.

To you, Mother of Christians, we entrust in a special way the peoples who are celebrating the coming of the new Millennium of their acceptance of the Gospel. Their long history is profoundly marked by devotion to you. Turn toward them your loving glance; give strength to those who are suffering for the faith.

To you, Mother of the human family and of the nations, we confidently entrust the whole of humanity, with its hopes and fears. Do not let it lack the light of true wisdom. Guide its steps in the ways of peace. Enable all to meet Christ, the Way and the Truth and the Life.

Amen.

# Prayer to Mary

Sustain us, O? Virgin Mary, on our journey of faith and obtain for us the grace of eternal salvation. O clement, O loving, O sweet Mother of God and our Mother, Mary!

Amen.

## To Mary, The Cause of Our Joy

Mary, who abandoned your soul to happiness by offering it to God, grant that in our gift to God, our joy may be complete.

O Virgin radiant with joy, grant that we may believe in the happiness which God in His love wills to offer us. Make joy bloom again in hearts given over to sadness. Teach us to detach ourselves from worldly pleasures and to seek our happiness in God; Help us to radiate the witness of Christian (and religious) joy. Through your presence in our life, be for us the font of a joy, which is ever new.

Amen.

# Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your assistance or sought your intercession, was left unaided. Inspired with this confidence, we fly to you, O Virgin of virgins, our Mother; to you we come; before you we kneel sinful and sorrowful. O Mother of the Word incarnate, despise not our petitions, but in your clemency hear and answer them.

Amen

# Magnificat

My being proclaims the greatness of the Lord, my spirit finds joy in God my savior, for He has looked upon His servant in her lowliness; all ages to come shall call me blessed.

God who is mighty has done great things for me, holy is His name; His mercy is from age to age on those who fear Him. He has shown might with his arm; He has confused the proud in their inmost thoughts.

He has deposed the mighty from their thrones and raised the lowly to high places. The hungry He has given every good thing, while the rich He has sent empty away.

He has upheld Israel His servant, ever mindful of His mercy; Even as He promised our fathers, promised Abraham and his descendants forever.

Luke 1:46-55

# **Carmelite Friars**

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