

# Week of Prayers and Meditations Honoring Our Lady of Mount Carmel

Carmelite Friars  
National Shrine  
of  
Our Lady of Mount  
Carmel  
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## Day 6

*Our Lady Of Mount Carmel...  
Pray For Us.*

**S**he makes her own rounds, seeking those worthy of her, and graciously appears to them in the ways, and meets them with all solicitude.

-Wisdom 6:16

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**Reflection:**

The compassion and the love of this good Mother are great. Indeed, they are so great that she does not even wait for our prayers but anticipates them.

-St. Alphonsus Liguori

**Prayer:**

O Heavenly Mother, during trying times when my mind is filled with distractions, I know that you will come to my aid, even if I should fail to call upon you. Thank you for watching over me as my Mother. Amen.