

Week of Prayers and Meditations Honoring Our Lady of Mount Carmel

Carmelite Friars
National Shrine
of
Our Lady of Mount
Carmel
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Day 2

*Our Lady Of Mount Carmel...
Pray For Us.*

The greatest among you must be your servant.
Whoever exalts himself will be humbled; but
whoever humbles himself will be exalted.

-Matthew 23:11-12
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Reflection:

Apart from the Son of God, no creature in the world was so exalted as Mary. For no creature in the world ever humbled itself so much as she did!

-St. Bernardine of Siena

Prayer:

O Heavenly Mother, you were exalted by the Lord because you were the humblest of all. I pray that I can imitate your humility and not place myself superior to others so that I may someday share in your exaltation in heaven. Amen.