

Week of Prayers and Meditations Honoring Our Lady of Mount

Carmelite Friars
National Shrine
of
Our Lady of Mount
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Day 1

***Our Lady Of Mount Carmel...
Pray For Us.***

The angel Gabriel was sent from God to a virgin....of the house of David, and the virgin's name was Mary. And coming to her, he said, "Hail, favored one! The Lord is with you."

-Luke 1:26-28

(Continued on page 2)

(Continued from page 1)

Reflection:

Let Mary never be far from your lips or heart. And to obtain the fruit of her prayers, do not forget the example of her life.

With her support, you will never fall. Beneath her protection, you will never fear. Under her guidance, you will never tire. And with her help, you will reach your heavenly goal.

-St. Bernard Prayer:

Prayer:

O Mary, the Lord loved you because of your goodness. To you He entrusted His holy Son. Help me to follow your example by opening my heart to the path the Lord has chosen for me that He may love me as He does you. Amen.